Miracles Therapeutic Riding Center



Every day is a chance for a miracle



Agenda

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- Who we serve
- What we do
- Expect a miracle
- Our herd
- How you can help
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 - Support
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Who We Are

Our Mission: provide a safe, quality program for people with special needs in Denver metro, using equine-assisted therapies. This program promotes physical, emotional, cognitive and social well-being, builds strength, improves balance and coordination, achieves higher levels of concentration, confidence and self-esteem, and provides a safe, rewarding and fun experience for all of its participants.

- Miracles Therapeutic Riding Center is a non-profit 501(c)(3) organization
- Instructors are certified by the Professional Association for Therapeutic Horsemanship, Intl. (PATH)
- Established by Chris Griffith in 2006 in Broomfield
- Specialize in addressing individual needs in small class sizes
- Provide respite and gathering for the families of our students



Who Do We Serve

Therapeutic riding benefits children and adults with special needs, be

it physical, emotional, or developmental.

- Including
 - Genetic Anomalies
 - ADD/ADHD
 - Cerebral Palsy
 - Autism Spectrum
 - Emotional Disorders
 - Down Syndrome
 - Multiple Sclerosis



- Serving Denver Metro area from Fort Collins to Denver
 - 20-50% of students and volunteers from Broomfield



What We Do

- Therapeutic riding offers equine-assisted activities and therapies (EAAT) to riders with special needs. It offers a motivating combination of sensory, cognitive, and emotional stimulation that facilitates mobility, socialization, independence, and learning
- For riders with physical challenges, the three-dimensional stride of the horse stimulates the riders' pelvis and trunk, and works specific muscle groups and neurologic pathways
- Hippotherapy lessons are conducted by a Physical Therapist (PT), Occupational Therapist (OT), or a Speech Language Pathologist (SLP)
- Focus on maintaining small class size of 2-3 riders to provide attention to individual needs

Expect a Miracle – Successes

My daughter has been riding at MTRC since before it came into being. Chris and her staff believe in the student's abilities. In my opinion, that makes all the difference to the riders and their families. I cannot praise this program enough!!! My daughter has a chromosonal abnormality and spinal bifida oculta. Both have caused very low muscle tone throughout her body and very poor balance. The horses are magical for her. When she's walking with one, you could never tell she can't even walk across a street without assistance. She leads the horses independently!

When on horseback, she sits up straight. Her attention span has improved and she has gained problem-solving skills. The rapport that Chris and her staff have with the students is fantastic. You can tell they know how important the horses are to their student's lives. Anyone who is even remotely considering riding for their child (with special needs or not) should take a look at MTRC. I will never take my child anywhere else.

Kim

When I tell Katie we are going to horse therapy, she smiles. When she sees her volunteers, she beams with joy in her heart. When she gets on her horse, she tries her hardest to get her body to do what it is supposed to do. When she sees her friends, she has confidence. When the horse begins to trot, she giggles her heart out. When she tells others that she rides a horse, she is so proud of herself.

Horse therapy is pure joy to a child with special needs. Thanks for all you do! We are very grateful.

Jennifer, Katie, Amy and Wade

"I have been a loyal Miracle's Therapeutic Riding customer for several years.

I was diagnosed with Multiple Sclerosis over 36 years ago. I was also diagnosed with a bulging disk in my lower back more than 10 years ago. Riding has been a great help with both. It improves my balance which is one of my major deficits caused by the MS. It also strengthens my core muscle group which helps me have much less pain and stress with the bulging disk. This has improved even more since I started doing yoga on the horse under the direction of Terry Forman.

Aside from my particular physical needs I would also like to tell you that it has been a joy working with Chris and Terry, the volunteer spotters, the folks who own the property and all the other people who make Miracles work. Over the years we have seen things I can only describe as miracles in others. This is especially true of children.

Being around horses is a real joy but to children, and especially those with special needs, it seems to be truly miraculous. I cannot say enough about the joys this program has brought to me and to so many others we have watched or gotten to know over the years."

Terry Balmer

Expect a Miracle – Successes

He helps me to stand on my own two feet in ways I never imagined. Words aren't needed sometimes, all we need is to know someone's there, and feels our pain. He never tells me I shouldn't be upset or angry, or that I'm overreacting, he'll just stand there and snuggle me, letting me know he's there when I need him. He knows when I'm hurting, and just gives me a few extra snuggles. No words needed. And that's my favorite thing about him



Our "Herd"



Tosca



Annie



Beau



Mariah



Clarice



Sammy



Fabio

How You Can Help

Volunteering

- Miracles could not exist without our volunteers
- Volunteers work with horses and students
- Training is provided to all volunteers
- Experienced volunteers also needed to help with Website, Grant writing, and fundraising opportunities

Donations

- Grants
- Colorado Gives
- Shopping at King Soopers
- Private Donations
- In-kind
- Board Member(s)

How You Can Help - Volunteering

- Miracles could not exist without our volunteers
- Volunteers work with horses and students
- Responsibilities
 - Assisting with lessons by either side-walking with student or leading horse
 - Helping to groom and tack horse prior to lesson
 - Barn "housekeeping"
- Several hours per week, day, evening and weekend times available
- Training is provided to all volunteers
- Experienced volunteers also needed to help with Website, Grant writing, and fund-raising opportunities
- For volunteering, contact Lori at (303) 883-4667 or email mtrcvolunteers@gmail.com



How You Can Help - Donations

- Scholarship fund for students
- King Soopers Shopping
- Colorado Gives Day
- PayPal Giving Fund
- Supplies
 - Gloves, boots, equine tack
- Services
 - Vet, Farrier, other care

- Support our horses
 - Horse board \$600/month
 - Grain for 1 horse \$30/month
 - Supplements per horse \$30/month
 - Horse treats \$35/month
 - Farrier services (no shoes) \$60 every 6 weeks
 - Farrier services (shoes) \$160 every 6 weeks
 - Seasonal shots per horse \$125 every 6 months
 - Fly masks with ears \$35/horse
 - Fly sheets \$100/horse
 - Winter blanket \$125/horse

How to Contact US

- Call Lori at: (303) 883-4667 for more information
- Email: <u>miraclestrc@yahoo.com</u>
- For volunteering, contact Kelsey at 303-359-2217 or email mtrcvolunteers@gmail.com
- Facebook: https://www.facebook.com/MiraclesTherapeutic
- Check out the website: https://www.miraclestrc.org/



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